

# Follow Grandmaster Hong

into the depths of China

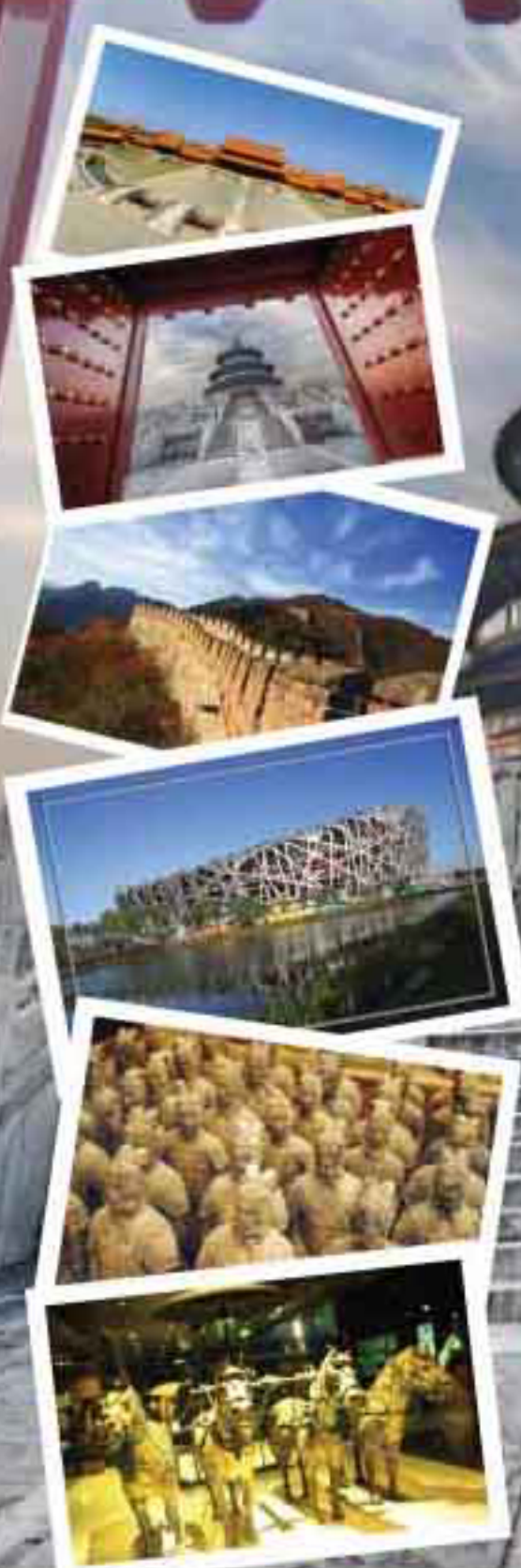
## CHINA TOUR 2013

JOIN US on this beautiful opportunity to travel amongst some of the most unique and significant places in China with Master Hong. Throughout the trip, the secrets essence of longevity will accent each corner you turn around. Explore, relax, and learn from Master Hong, elements ranging from healing food, tea, deep-rooted Feng Shui principles in ancient and modern architecture, and shopping areas, all sure to capture your heart. A wonderful space is held for you by Master Hong to explore, experience, and immerse yourself in this amazing and unique Longevity Tour.

**2 packages: 13 day April 16-28**  
**or 11 day April 18-28**

### Location

- Beijing
- Xi'an
- Zhangjiajie
- Jinbian Canyon
- Heaven Gate Mountain
- Dongyang Tiger Hill
- Shanghai



## China Longevity Tour with option to skip Beijing/Xi'an

Register by Feb.1

Beijing – Olympic Park -- Xi'an – Zhangjiajie - Shanghai – Suzhou – Yixing – Dongyang – Hangzhou

### Both the 11-day and 13-day China Tours Include:

- Good quality hotel double occupancy accommodations
- Excursion and sightseeing
- Tour guide and translation service
- All bus, train, and air transportation within China
- Three meals a day
- Admission fees to temples and all tourist sites
- Travel accident insurance in China
- Please note: The below itinerary is subject to change slightly.
- Shopping arrangements:
  - Beijing: Jade, Pearl
  - Xi'an: Pottery figurine
  - Suzhou: silk comforters, silk fashion and accessories
  - Yixing: Purple clay teapots, tea service, purple clay sculptures, carved chairs, calligraphy
  - Dongyang: wood carvings, sculptures, filigree screen windows and doors, bamboo weavings
  - Hanzhou: Highly prized quality green tea

## CHINA 2013 ITINERARY

### Important Note:

During the first 2 days of this itinerary, only the 13 –day group is travelling. On days 3-5, the 11-day group starts up also, but the two groups have not met yet. The 11-day and the 13-day groups join up at end of Day 5.

So the 13- day group's separate travels are titled in **red**. The 11-day group's separate travels are titled in **blue**.

The merged big group's travels are titled in **purple**.

### Day 1-2 - Hometown → Beijing

Hotel: Beijing Chang'an Grand Hotel or similar standard

- Fly from hometown to Beijing (flight not included in China Longevity Tour fee, but can go by our group discount if you choose).

Arrive in Beijing - the capital of China, guests will be met and greeted by top English guide, transfer to downtown Beijing and check in hotel for refreshment.

- Beijing is the China's political, economic, cultural, and educational center and is one of the six ancient capital cities of China. Its rich cultural ancient past has been the heart and soul of politics and society throughout its long history.



## Day 3 – Beijing

Hotel: Beijing Chang'an Grand Hotel or similar standard

- Breakfasts on the trip are usually an expansive buffet style of Asian and Western choices. Embark on a full day of Beijing with Master Hong's Feng Shui interpretations of the ancient cultural locations.

- **Forbidden City** - six centuries of rich history, having experienced 24 emperors between the Ming and Qing dynasties. Master Hong discusses some of the significance and symbolism of the magnificent carvings and architecture.

- **Temple of Heaven**, where emperors of Ming and Qing dynasties worshiped heaven and prayed for an abundant harvest.

To better symbolize heaven and earth, the northern part of the temple is circular while the southern part is square, which reflects the ancient Chinese belief that Heaven is round and Earth is square.

- **Beijing Olympic Park**: tour the The National Stadium from outside, where hosted the main track and field Football, and final competitions for the 2008 Summer Olympics, as well as the opening and closing ceremonies. The shape of the stadium resembles the life cradle - "Bird's Nest" that projects human being's hope of future. Also tour the The National Aquatics Center (the Water Cube) – the mysterious blue "bubbles". Master talks about modern feng shui in Olympic design.
- Finish the day with a wonderful group meal with rich, delicious flavors of world-famous **Peking Duck**.
- **Amazing Chinese acrobatic show** in the evening.



Meanwhile this same day (13-day group's Day 3) is:

**Day 1 for the 11-Day Group: In flight**

Flying from your hometown, en route towards Shanghai, China.

#### Day 4 – Beijing, fly to Xi'an (B, L, D)

Hotel: Grand Park Xi'an or similar standard

- The magnificent **Great Wall**: this important military pass for the Ming Dynasty stretches for miles and miles, like a giant dragon lying on the mountains. Ask Master for tips on going an endurance distance on the Great Wall. Climb along the Great Wall and enjoy a magnificent view of the peaks.
- Visit shop of exquisite jades. At meals in the trip, Master will recommend healing foods for your specific health conditions.
- Fly to Xi'an after dinner, transfer to hotel and check in.



Meanwhile this is Day 2 of 11-Day Group (still separate):

#### Day 2: Shanghai

Hotel: Wyndham Bund East Shanghai or similar

Arrive in Shanghai -, guests will be met and greeted by top English guide, transfer to downtown Shanghai and check in hotel for refreshment.

**Day 5 of 13 Days–Xi'An to Changsha to Zhangjiajie** MU2256 (15:15/16:45)

Xi'an is one of China's seven ancient capitals, the starting point of the famous "Silk Road". Visit the "Eighth wonder of the world" – the **Terracotta Warriors** Museum. The army of the Terracotta Warriors comprises one of the most remarkable archeological discoveries of all the time, and it is also the world's largest underground military museum. Master Hong goes deeper into the significance and symbolism of this location and layout, from a micro to a macro perspective. Stop at local shopping center for terra cotta figurines of all sizes and other arts & crafts. Fly to Changsha in the afternoon. Go to Zhangjiajie by coach after dinner. Check in at hotel and join up with 11-Day Group.



Meanwhile **Day 5 in red is Day 3 for the 11-Day Group:**

**Day 3 – Shanghai, fly to Zhangjiajie**

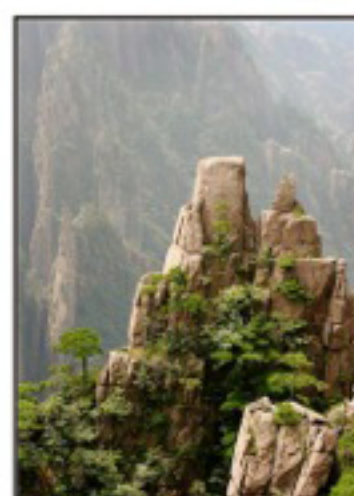
Fly to Zhangjiajie, have dinner there, then check in to hotel and join up with the 13-day group.

**Day 6 – Zhangjiajie**

**Hotel: Pullman Zhangjiajie Hotel or similar standard**

**Note: 11-Day and 13-day groups are now one group, therefore titled in purple.**

Tour the world heritage Wulingyuan Scenic Area. Take the famous Bailong Lift that won the Guinness World Record for being the highest and fastest elevator with maximum loading capacity. The Lift takes you to the Yuanjiajie Scenic Area to tour the Breathtaking Mihun Stage, **Hallelujah Mountains**. The scenery of the "Avatar" movie (that had blue people defending their planet) was modeled on this landscape. View the No.1 Bridge under Heaven etc; transfer to **Tianzi Mountain Scenic Area** by Energy Green Cart (30 mins) after lunch, tour Helong Park, Imperial Brush Peak, West Sea etc. Take Tianzi Cable Car off the mountain (2 hours if walk down). After dinner, Enjoy "**Charm Xiangxi Cultural & Dance Show**" in the evening.

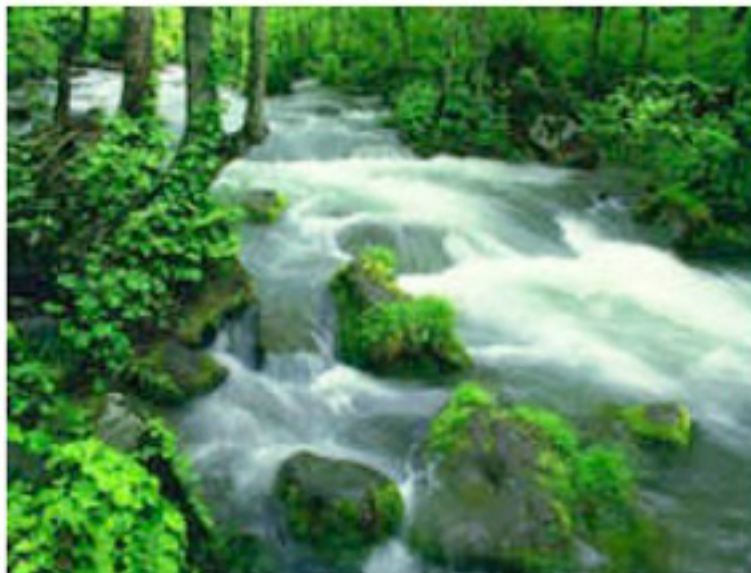


## Day 6 Zhangjiajie (continued again)



## Day 7-Zhangjiajie-Shanghai flt MU5372 (22:10/23:50)Hotel: Wyndham Bund E.Shanghai/similar

Stroll in the Canyon of Jinbian Stream that could be compared to Colorado Canyon in US to view unique



and spectacular natural scenery.

After lunch, reach Heaven Gate Mountain by a 7455 meter long cable car, walk on the Transparent Viewing Deck which will definitely hasten your heart beat.



## Day 7-Zhangjiajie-Shanghai (continued)



Looking down the 999 Heaven-linking Avenues of the mountain will make you wonder how the workers did it. You can climb the 999 steps to reach the Heaven Gate hole where an airplane flew through in 1999 and Jeb Corliss flew through in a winged suit in 2011. After dinner fly to Shanghai.

## Day 8: Shanghai

Hotel: Wyndham Bund East Shanghai or similar standard

Tour the Yu Garden and historic Old Town of Shanghai, stroll and shop down the Nanjing Road Pedestrian Street, lunch and visit Longhua Temple in the afternoon; enjoy the city lights on the varied cityview of the Bund by taking the Huangpu River Night Cruise.





**Day 9: Suzhou to Yixing**

Hotel: Yixing hotel or similar standard

Bus to Suzhou. Tour the famous Tiger Hill which holds the tomb of the King of Wu State. Three days after the burial of Wu King Helu, it is said that people found a white tiger crouching on the tomb--hence the name Tiger Hill. Nestled amongst other hills, Tiger Hill is 36 meters high and covered by trees over a thousand years old. With the leaning Tiger Hill Pagoda, it is known as "The No. 1 Scenic Spot in Mid-Wu Area". After lunch, visit the Master of Nets Garden, which is a classic example of a Suzhou residential garden with many unique artistic features. Shop at the best Suzhou Silk Spinning Factory. After dinner in Suzhou, go to Yixing and check in to hotel.



**Day 10: Yixing to Hangzhou**

Hotel: Brain International Hotel Hangzhou or similar

After breakfast, visit the historic Yixing Ceramic Museum and Yixing Ceramics City. Afternoon is free for rest or activities of your choice. After dinner, bus to Hangzhou, check in at hotel.



## Day 11: Dongyang to Hangzhou

Hotel: Brain International Hotel Hangzhou or similar standard

After breakfast, bus to Dongyang. Visit Dongyang Wood Carving City that has over a thousand carvings from all over China, including the "China's Four Top Carvings". There are numerous products available: wood carvings, root carvings, wooden (mahogany) furniture, antique-design carved windows & doors, bamboo weavings, carvings, arts and crafts, as well as souvenirs. The city itself is certified as a National AAAA Scenic Spot. After lunch, tour the ancient Lu Family's Residence at nearby Luzhai Village. The Lu family and offspring lived here from the Song Dynasty until the late Qing Dynasty. The house's architecture is a classic example of one designed for a Chinese feudalistic family system. The Residence is listed as a National Key Cultural Relics Protection Unit in 1988. Drive back to Hangzhou for dinner.



**Day 12: Meijiawu Tea Plantation, West Lake, Shanghai** Hotel: Wyndham Bund East Shanghai or similar  
Visit Meijiawu Tea Plantation, surrounded by green mountain peaks, which produces quality, fragrant, mellow Longjing green tea that has won praise at home and abroad. Important figures from all over the world have visited here for their special tea. Take a boat cruise on West Lake, tour Hefang Street, go to Shanghai, check in.



**Day 13: Shanghai**

Fly home from Shanghai Pudong International Airport.

**Payment & Information:**

**1. 13 DAY OPTION:** Tour cost per person (not including roundtrip US-China flights):  
**\$2043.00 Fee** (1 person sharing room w/companion or assigned roommate)  
Add \$582.50 if choosing single room occupancy.

**11 DAY OPTION:** Tour cost per person (not including roundtrip US-China flights):  
**\$1771.00 Fee** (1 person sharing room w/companion or assigned roommate)  
Add \$466.00 if choosing single room occupancy,

**1<sup>st</sup> payment of Fee** (half of your Fee) **due Friday Feb.1** to reserve your space. Pay by cash, check (**made payable to Master Hong**), money order, VISA, Mastercard.

**Note:** Credit card payment incurs added 3% charge.

**If you cannot meet that pay deadline**, you can still come if you **still register by Feb.1** Then later you pay the entire fee (earlier than other people's 2nd payment).

2. Cost of roundtrip US-China flights will be cheaper if you join our group order (later).
3. \$10/day Tour guide tips you add into group's pool given to each city's guide
4. \$160 Visa processing (if processed at our group rate).

\*If you are getting your travel visa processed with us and you are not able to hand deliver it to us, we will need you to FEDEX to us by **February 11** the following:

1. Two (2) passport-sized photos
2. **Passport that expires AFTER Feb 1, 2014.** Otherwise you will need to go to your nearest post office that has passport service and renew it immediately.
3. Save FEDEX \$ by sending your passport with others in your area -ask Lynn.

Shipping address for payments and passports:

**Master Hong, 411 E. Huntington Dr., suite #314, Arcadia, CA 91006**