

Grandmaster Hong Liu is coming to Naples

Grandmaster Hong Liu is recognized as one of a small number of practicing Qi Gong Grandmasters in the World. While he first began as a doctor of Western medicine in China, he discovered that there was so much more to greater health and vitality.

Master Hong integrates the most modern science with ancient secrets of natural healing to create a system for disease prevention & rejuvenation.

He will teach how to combine nutrition, lifestyle and energy exercise for self-healing and longevity.



THE ART OF NATURAL HEALING: [Free Seminar](#)

Thursday, April 5th | 6:30-8:30 pm

Shangri-La Springs - The Octagon | 27750 Old 41 Rd, Bonita Springs

A seminar on Self Healing and Longevity

GOLDEN 8 WORKSHOP (register) (\$175)

Saturday, April 7th | 11:30 am – 5 pm (1 hour lunch break)

YMCA - Mind, Body & Spirit Room | 5450 YMCA Rd., Naples

The Golden 8 is a series of 8 Qi Gong movements for self-healing and health maintenance used for over 800 years. It is suitable for all ages, and is especially good for the heart, cardiovascular system, weight loss, preventing bone loss, and longevity.

ONE-ON-ONE HEALING CONSULTATIONS (by appointment) (\$300)

Friday, April 6th & Sunday, April 8th

Shangri-La Springs - Hummingbird House | 27750 Old 41 Rd. Bonita Springs

A diagnosis and discussion of your energy blockages, natural healing energy work, & recommendations for a natural healing program at home, which may include: exercises, healing foods, recipes, lifestyle changes, or herbal supplements.

TO REGISTER, Contact Alexis: 626.701.4388 | miracles@qimaster.com

www.qimaster.com